



About Kabbalah

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About Kabbalah

The Kabbalah is the Jewish mystical tradition. The Kabbalistic wisdom, which is the oldest and most influential wisdom in the history of mankind, was given to the People of Israel along with all the other parts of the Torah at Mt. Sinai, in the year 2448 from world creation (1321 B.C.E.). As its Hebrew name implies, "kabbalah" means "receiving", and for thousands of years, the wisdom and secrets of Kabbalah were handed down orally from one generation to the next, yet remained virtually unknown and unapproachable to the general population. With the exception of a small and elite group of Jewish mystics and Sages that received the wisdom of the Kabbalah, very few even knew of its existence.

Thanks to developments in the field of Kabbalah that have been emerging now for hundreds of years, and led by the greatest Kabbalists, we are now able to enjoy the secrets and wisdom of the Kabbalah in unprecedented proportions.

Kabbalah investigates and explains the codes of both the universe and the soul of man. It meticulously describes the events that are unfolding in spiritual worlds and heavenly spheres, the world of the Zodiac and of the angels, and how such processes affect and influence us.

Such is the way and method of the Kabbalah: Every sphere with which it deals takes on a fascinating spiritual dimension, as it navigates toward the abstraction and mysterious enchantment of the upper worlds. The study of Kabbalah develops a high level of self-awareness. A person who's studying Kabbalah will learn how to recognize the powers of his soul, and the intellectual and emotive attributes interacting within it.

It then channels these traits toward a process of meaningful personal growth and harmonious development. As a result, material and spiritual achievements are greatly improved. Kabbalah teaches how to add spiritual and cosmic meaning to every aspect of daily life, turning every daily routine into an inspiring experience.

Studying Kabbalah

Kabbalistic tradition teaches us that Adam, the first human being, was also the first person to study Kabbalah, as well as compiling the book "Raziel the Angel". The book is a compendium of the Kabbalistic secrets Adam learnt after he was banished from the Garden of Eden.

The tradition teaches that in every generation there were special individuals who studied Kabbalah and its secrets, including Hanoah, Noah, Abraham and other righteous people.

However, though with us since the dawn of creation, it was forbidden to reveal the Kabbalah's very existence to the masses. Even the 'Zohar', written in the second century, C.E., was hidden, remaining totally unknown until being rediscovered by the Spanish Kabbalist, Rabbi Moshe De Leon at the end of the 13th century.

Because of the restrictions on the study of Kabbala, only very selected individuals were allowed to delve into its mysteries. This was defined as being a married man above the age

of 40 who had already mastered all aspects of the Oral Torah, and who was capable of intellectual understanding of abstract spiritual concepts, was of 'high soul' and more. If such a person could be found, he was allowed to ask a Kabbalah teacher to take him into the world of mystical wisdom and secrets, and even then, acceptance was not guaranteed.

Why?

The prohibition regarding learning and spreading Kabbalah in the past was based on our sages' real fear that lofty and highly spiritual Kabbalistic concepts would be misunderstood and misinterpreted, leading to dire consequences, like the anthropomorphism of G-d, distortion of ideas and even crises of faith.

The New Age

With the rediscovery of the Zohar by Rabbi Moshe De Leon, a new era began for the study of Kabbalah. As the Zohar and other Kabbalistic writings became more available, more and more people began delving into serious study. Kabbalistic tradition has this new age starting some 700 years ago, at the beginning of the 6th millennium from world Creation. This is when preparations begun for the "7th millennium", described by the greatest prophets and Kabbalists as being the 'Sabbathical Millenium' or "Messianic Era", which will be a period in which superior consciousness will be available to all, and will encompass all of reality.

These preparations are characterized by the revelation of the inner and hidden Torah, The Kabbalah and Jewish Mysticism which prepares human consciousness for unprecedented great revelations. This is accomplished by understanding the codes of both the universe and the human soul the way the Kabbalah teaches it.

After the 16th century, when the Ari revealed the depths of "Lurianic Kabbalah", and demanded that its wisdom be disseminated throughout the world, many people heeded the Ari's call, and the study of Kabbalah became more widespread throughout the Jewish world. Finally, the birth of The Chassidic Movement that promoted the spread of Jewish mysticism, as well as the increased involvement in Kabbalah by both Sephardic and Ashkenazi Jewish spiritual leaders, has resulted in the popular study of Kabbalah in almost every corner of the world.

So today the question is no longer can one learn Kabbalah, but rather how to study, with whom and where.

The answer is clear : The best place to study Kabbalah in its original and most authentic form, is in its natural and historical home - Tzfat!

If you can't make it to Tzfat tomorrow – don't worry!!

The International Center for Tzfat Kabbalah is linked with individuals and organizations that teach Kabbalah in different parts of the world, where you can delve into the original Tzfat Kabbalah through special and very affordable seminars and courses.

Let us help you find the best teachers and courses, literature and websites where you too can learn authentic Tzfat Kabbalah in an enjoyable and meaningful way.